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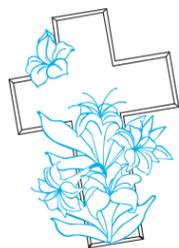
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March 22, 2013



Photo by Gateway Gallery



Happy Easter and Passover



from the staff of

VILLAGE PUBLICATIONS

CELEBRATE NATIONAL ARBOR DAY, APRIL 26th
See page 7 for more information.

Gorham Man Makes 100

William Lacey, a former resident of Gorham, celebrated his 100th birthday on March 1 in fine style at a luncheon party at one of his favorite restaurants, Newick's Lobster House in Dover, NH. The event was arranged by Bill's housekeeper Pam Parker. Attending were 24 friends and family members. Five traveled from the Berlin/Gorham area to wish him well: his late wife Claris' second cousin Heather Reid; and two members of his Masonic lodge, Rodman Davies and Chris Davies, and their respective wives, Sue and Phyllis.



Chris Davies introducing Rodman Davies and Grand Master Paul Leary (l to r, standing) to Bill Lacey (seated). Looking on is Heather Reid of Gorham (standing at left) (Pam Parker photo)

Bill was born in Iowa, raised in South Dakota, and moved to Gorham in the 1930s with the Civilian Conservation Corps. In 1938 he married Claris Head of Gorham. In 1939 he joined the Masonic Lodge in Gorham, now named Gorham-Sabatis #73. He received his Master Mason degree from 9 Past Masters: Oran Hale, Harvey Brown, David Holmes, Albert Lary, Warren Noyes, Jotham Evans, Edward Daley, Samuel Bennett, and Alexander MacIntosh. Many of those family names are familiar to area residents.

Bill and Claris moved to Portsmouth in 1940 for jobs at the Portsmouth Naval Shipyard (PNSY) in Kittery, ME. They both worked at PNSY, retiring together in the 1960s; since 1996 they were retired from there more years than they worked there! Bill was widowed in June 2011 and Claris was buried in Evans Cemetery in Shelburne.

Bill got to the party before most of the attendees, and greeted them all. He was pleased that so many people attended and wished him well. He was presented a birthday cake with a century candle, which he blew out enthusiastically. The Grand Master of Masons in New Hampshire, Paul M. Leary presented Bill with a certificate for completing 75 years as a Master Mason, a Masonic Centenarian plaque for achieving the age of 100 while a Master Mason, and a coin commemorating over 200 years of Freemasonry in New Hampshire.

**SPRING HAS SPRUNG!! - MAKE SURE TO BRING
IN YOUR BIRDFEEDERS BY THE FIRST
WEEK OF APRIL AS NATURE IS AWAKENING**

April 10th & 11th

Come see
**Cabaret
2013!!**

5pm & 7pm

Tickets are now on sale for
Cabaret 2013!

Shows are at 5pm & 7pm
on April 10th and 11th in
the GHS Cafeteria.

Come and reserve your
tickets today!

Dinner and dessert by
La Bottega Saladino
&
Mr. Pizza

Come see GHS students
perform songs by Cold Play,
Fun, Queen, and other
amazing artists!!

\$10 for adults
\$5 for students/seniors/children

Tickets are available in reception

Come join us for an
Easter Feast
Special Holiday Menu

Entrees include Beef, Seafood,
Lamb, Pork and Poultry Selections.

**Complete Dinners
from \$14.95**

**Serving from
Noon to 9:00**

Children's Portions Available • Reservations Suggested

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THE POPULAR CELTIC DUO “FOUR FEET TWO SHOES” RETURNS TO ST. KIERAN ARTS CENTER!

Dennis O’Neil and Davey Armstrong, the popular and multi-talented duo “Four Feet Two Shoes”, will bring an exciting mix of traditional Irish and Celtic songs and music to St. Kieran Arts Center on Sunday, March 24 at 2 pm. Tickets are \$12 for adults and \$6.00 for students.

Dennis and Davey’s music is greatly influenced by traditional Irish and Scottish ballads, jigs and reels, and flavored with touches of reggae, and rock and roll. Their rapport with any audience, young and old is warm and instant. They have a great love for what they do and it shows. They have been brought back to the Arts Center by popular demand.

Why the name Four Feet Two Shoes? Their name is derived from Davey’s preference to play the bass pedals with his bare feet---while also playing the guitar or banjo---while also playing harmonica, Celtic flute and singing! They have a special way of creating a fun and family-friendly party atmosphere where ever they go. Their ballads are hauntingly beautiful as they resonate throughout the Arts Center’s beautiful space.

Dennis and Davey have shared the stage with such diverse acts as the New England Symphony, Caeli Rain, the Austin Lounge Lizards, the New England Brass Ensemble and the Lowe Family. They continue to enjoy performing for audiences of all ages at concerts, festivals, special functions, and several popular Irish pubs throughout New England and especially in their hometown of North Conway.

This program is made possible through the sponsorship of Passumpsic Savings with support of the NH State Council on the Arts, National Endowment for the Arts, Doris L. Benz Trust and the New Hampshire Charitable Foundation/North Country.

Upcoming Sunday performances at 2 pm include the Funky Divas of Gospel, April 7 and Linda Pouliot, Jazz Singer, April 21; Don Campbell Band on May 5 and Mellow Yellow, 60’s & 70’s Retro Band on May 19th.

For complete 2013 schedule and more information, contact the Arts Center at 752-1028, 155 Emery Street or visit www.stkieranarts.org.



RAFFLE TO BENEFIT THE GILBERT FAMILY

\$\$\$

Raffle Tickets: 1 for \$5.00 or 3 for \$10.00.

Tickets Available at LaBottega Saladino’s

located at 152 Main Street, Gorham, NH

Entries Due By March 30th DRAWING WILL BE APRIL 1st

Enter to Win 3 Cords of Firewood or \$900.00 cash

Firewood Donated By Bob Chapman

All Proceeds Of The Raffle Will Go To The Chris Gilbert Fund

How Do I Teach My Child About Personal Safety?

Submitted by Andrea Gange, MPA

Many parents and guardians feel challenged to keep their children safer in our fast-paced and global society. They may wonder at what age they can begin teaching their children about personal safety.

Unfortunately, one size doesn’t fit all. A child’s ability to understand safety skills and put them into practice is determined not just by age, but also by the child’s educational and developmental levels. To truly learn new safety skills, children need to model, rehearse and practice the skills to incorporate them into their daily lives.

- Speak to your child in a calm and reassuring way. Fear is not an effective teaching tool; confidence is.
- Speak openly about safety issues. If you approach child safety openly, your children will be more likely to come to you with problems or concerns.
- Don’t confuse children by warning against strangers. Danger to children is much greater from someone you or they know than from a stranger.
- Teach children that no one has the right to force, trick, or pressure them into doing things they don’t want to do.
- Practice safety skills by creating “what if” scenarios. An outing to a mall or the park can serve as a chance to practice safety skills, such as checking with you before they go anywhere or do anything, and locating adults who can help if they need assistance.
- Supervise your children. It is vital to their protection and safety. Children should not be put in the position of making safety choices if they are not old enough or skilled enough to make those choices.
- Check out adults who have access to your children. The more involved you are in your child’s life, the less likely it is that your child will seek attention from other, potentially dangerous adults.

Wanting to keep your children safe in all situations can be daunting. We hope that these suggestions to openly speak with your children about safety can help with this task.

Child Advocacy Center of Coos County, caccoos@myfairpoint.net, (603) 788-4633

CAC-CC Mission Statement: The mission of the Child Advocacy Center of Coos County is to minimize the effects of child abuse for children, to protect children from maltreatment, to seek justice when children may be victims, and whenever possible, to strengthen the family’s ability to nurture the child, while always keeping the safety and comfort of the child as first priority. We are committed to coordinated investigations and effective utilization of existing community resources to help the community identify and confront child abuse so as to reduce trauma and promote healing of victims and their supportive care givers and hold offenders accountable.



SENATOR AYOTTE ANNOUNCES THAT HER OFFICE IS RETURNING ABOUT \$630,785 TO THE TAXPAYERS

U.S. Senator Kelly Ayotte (R-NH) announced today that her office is set to return about \$630,785 in unused funds from her Fiscal Year 2012 federal office budget to the U.S. Treasury.

“With almost \$17 trillion in debt, no area of federal spending should be immune to reductions – and that includes congressional office budgets. In the last two years, I have returned savings to the Treasury and I will continue this practice,” said Senator Ayotte.

Senator Ayotte seeks to save money by making careful and thoughtful decisions about personnel and operations. Her office is also always looking for smaller ways to achieve savings, such as sending e-mail responses to constituents instead of postal mail, whenever appropriate.

Thank you to the Gorham Community

I would like to take this opportunity and a moment to extend my sincere thanks to the Gorham Selectmen, the Gorham Recreation Department and the Gorham Community for the volunteer of the year citation award. I received the award for my efforts by promoting the arts and the beautification projects in the town of Gorham New Hampshire. It was such an incredible surprise, and to find such kind spirits to welcome my family to this ceremony as well! Also, I would like to thank our team at the Community Services Center, (Northern Human Services in Berlin) for all of their ongoing support. This has been a great opportunity for me to extend my time to volunteer in different areas and to continue my work toward bringing people together by sharing my kindness, knowledge and skills to teach others about community inclusion for people in our communities.



Will O'Brien

Gratefully, Will O'Brien

Winthrop Grange Presents Citizen of the Year Award

On April 4, Winthrop Grange in Shelburne, NH will be awarding their Citizen of the Year Award. This award is presented to an outstanding citizen, not necessarily of Shelburne, but any community. This award recognizes the hard work and dedication this person applies to all that he or she does.

This year the award will be presented to Linsley Chapman of Gilead, ME, not only for her outstanding work as Town Clerk and Treasurer of Gilead, but for her commitment to the Gilead Historical Society which she played a major part in organizing. Congratulations, Lin Chapman for a job well done.

Winthrop Grange invites anyone who knows Lin to come and help her celebrate. The meeting will be on April 4 at 7:00 pm at the Shelburne, NH Town Hall. If anyone wants to send her a letter of congratulations, please mail it to Mary Tyler, 20 Bridge St., Gilead, ME 04217. She will read them at the meeting and give them to Lin.

Spring is in the Air! Join the Arbor Day Foundation and Receive 10 Free Trees

The Arbor Day Foundation is making it easier for everyone to celebrate the arrival of spring through planting trees.

Join the Arbor Day Foundation in March 2013 and receive 10 free white flowering dogwood trees.

“White flowering dogwoods will add beauty to your home throughout the year,” said John Rosenow, founder and chief executive of the Arbor Day Foundation. “Dogwoods are known for their showy spring flowers, scarlet autumn foliage and red berries that attract songbirds during winter.”

The free trees are part of the nonprofit Foundation’s Trees for America campaign. The trees will be shipped postpaid at the right time for planting between March 1 and May 31, with enclosed planting instructions. The 6- to 12-inch trees are guaranteed to grow or they will be replaced free of charge.

Arbor Day Foundation members also receive a subscription to Arbor Day, the Foundation’s bimonthly publication, and The Tree Book, which contains information about tree planting and care.

To become a member of the Foundation and receive the free trees, send a \$10 contribution to TEN FREE DOGWOOD TREES, Arbor Day Foundation, 100 Arbor Avenue, Nebraska City, NE 68410, by March 30, 2013. Or join online at arborday.org/march.



Gorham Middle High School Presents Cabaret 2013

Come listen to the outstanding entertainment from some of your favorite pop music along with an evening of wonderful cuisine on April 10th and 11th. Cabaret will take place in the Gorham Middle High School cafeteria at 5pm and 7pm both nights. Enjoy a wonderful dinner and dessert from La Bottega Saladino's and Mr. Pizza. Tickets are available in the reception office at GMHS Monday through Friday from 7am- 3:30pm. The cost is \$10 for adults and \$5 for senior citizens, students, and children. Reserve your tickets today at 466-2776 and ask for Anne Bennett.

AYOTTE CONTINUES EFFORT TO FREEZE PAY FOR MEMBERS OF CONGRESS

During consideration of the Fiscal Year 2014 Senate budget resolution on Thursday evening, the Senate Budget Committee adopted an amendment authored by U.S. Senator Kelly Ayotte (R-NH) that extends the current pay freeze for Members of Congress through the next decade. The amendment was included in the final version of the budget resolution which now moves to the full Senate for consideration. Ayotte voted against the overall bill, which calls for nearly \$1 trillion in tax increases and does not balance the budget.

"Members of Congress shouldn't get a pay raise while Washington is running a deficit – and unfortunately, we're projected to run a deficit over the next 10-year budget window," said Senator Ayotte, a member of the Budget Committee. "Americans expect Congress to address our fiscal crisis, and my amendment prohibits senators and congressmen from receiving a bump in salary until we rein in reckless spending."

Ayotte's amendment is similar to stand-alone legislation she introduced in January, the Congressional Pay Freeze Act (S. 30), which would prohibit pay increases for Congress during any fiscal year in which there is a federal budget deficit. It also would extend the current pay freeze on senior federal executive branch officials.

Ayotte is also an original cosponsor of the "No Budget, No Pay" Act that would dock pay for Members of Congress for failure to pass a budget resolution and regular appropriations bills before the start of the federal fiscal year.

Executive Council Report #5

By Ray Burton, Councilor - District One

In 1933 the NH General Court (House and Senate) established by law the NH Liquor Commission to regulate the manufacture, possession, sale, consumption, importation, use storage, and transportation and delivery of wine, spirits and malt or brewed beverages in New Hampshire (RSA 176:1).

The Commission is comprised of three members who are appointed by the Governor with consent of the Council to six-year terms. Their task and responsibility is to produce a significant boost to the revenue side of the NH state Budget each year.

It is my observation over my 35 years on the Council that this agency has been effectively run, dispersing wines and spirits through 74 stores in New Hampshire with some 10 million customers visiting these stores - with \$559,114,050.90 sales annually with a net profit of \$139.6 million to the State Treasury.

The Commission is to be commended for keeping up with modern ways of doing business in today's markets.

The 2012 Annual Report of the NH State Liquor Commission was accepted and placed on file by the Governor and Council. If anyone would like a copy of this document please contact my office anytime.

It is a pleasure to serve you and this District.

Ray Burton, 338 River Road, Bath, NH 03740

Tel 747-3662 ray.burton@myfairpoint.net

8-7-6 Phone Scam: What New Hampshire Seniors Need to Know

The Senate Aging Committee, of which Ayotte is a member, held a hearing on Wednesday focused on investigating recent telephone scams targeting senior citizens in several New England states, including New Hampshire. The panel heard from relatives of phone scam victims, law enforcement officials, and officials from the U.S. Postal Inspection Service and the Department of Homeland Security.

The scam involves telephone calls originating from the Jamaican area code "876" - frequently mistaken for a toll-free number. When the call is answered, the scammer congratulates the senior on winning the lottery and requests a processing fee in order to collect the prize. The victims are told that their winnings will be transferred to their bank account once the fee is received, but, of course, the funds never arrive.

Go to <http://www.bewareof876.com/> to learn more about how to protect yourself and your loved ones from this scam.

When is Arbor Day in New Hampshire?

Arbor Day is more than a holiday. It is a promise to the earth -- celebrating a desire to enrich our homes and communities with the natural abundance that trees bring to our lives. J. Sterling Morton said it best 140 years ago. Comparing the celebration of Arbor Day with other holidays, he said, "Other holidays repose upon the past. Arbor Day proposes for the future."

When is Arbor Day in New Hampshire? What is your state tree? How many fellow members are there in New Hampshire? Check out your Arbor Day State at <http://arbordayfoundation.createsend4.com/t/y-l-jkdyay-ydhumlthu-h/>.

Glimpses of Gorham's Past: A Steamboat and Lock-up



Photo: Steamboat Postcard

Source: Hugh Leighton Co. and Gateway Gallery

When Mrs. Emma Thorpe sold us our home at 22 Mechanic St., along the Androscoggin River, we knew nothing about the history of the old farmhouse or the street. Years later I read that Mechanic St. was one of the earliest side streets in town. It allowed access to the river and some of the early farms. Our house and barn (now gone) were built by Jack Graham. It was only two stories initially, with a third story added later. In typical New England fashion, a shed attaching the house to the barn was later turned into a larger kitchen.

The Town's first lock-up or jail, where "bad actors" were taken for a "cooling off period," was located by our home. If you look at the 1888 pictorial map of Gorham there is small building by the Androscoggin River. I thought that it was a one-room schoolhouse until I read that it was a jail.

The small white house behind the former Universalist Church was home to one of the earliest schools in Gorham and probably the first kindergarten. The building apparently had started out as a small blacksmith shop on Main St. It got moved down Mechanic St. when the church was built in 1855. Later on it was expanded and improved to become a small house. In 1867 Miss Isabelle Soule bought the house and she soon set up a private kindergarten and millinery shop. She was described as a wonderful, skilled teacher, with experience in public and private schools in MA. The Gorham Mountaineer newspaper carried ads. The house later became a small boarding house, known as the "Gateway" for tourists.

The Ann Lary Elementary School, a grand two story brick building where many older Gorham residents went to school, once sat on the other side of the street. It was built in 1912, located next to Gorham High School. It was finally torn down in 1959, after the new Ed Fenn Elementary School was constructed. In its place, a one-story addition known as the Ann Lary Wing was constructed as part of Gorham High School.

Urban Shorey, grandfather of famous businessman and photographer Guy Shorey apparently lived in what in more recent years was known as the Lapointe house. It was built in 1885 and it was known as the Burbank house in the early years. Guy had an early studio here that was later moved to Main St., between the old Gorham Savings Bank (now Libby's) and the building that is currently the Boutique at 101.

Thorpe family members told us that Tom, their father, used to shuttle Appalachian Trail (AT) hikers across the river in a rowboat, so that they could link up with the Mahoosuc Trail up Mt. Hayes. They said that the ferry service ended when his boat sprang a leak and hikers were directed upriver to the railroad trestle to access the Mahoosuc Trail. Before the current AT was routed over to Pinkham Notch Camp, the Wildcats, the Carter-Moriah Range and reconnection with the Mahoosuc Range via the Peabody Brook Trail, it appears that the early AT may have stopped at Mt. Madison. Then it may have followed the Pine Link Trail, went over Pine Mountain and directly into Gorham. This would make sense as early trappers probably wanted to get to town as fast and as directly as possible, but I've not yet been able to definitively confirm this early route.

A "history mystery" is the owner and use of the steam driven boat at Mechanic St., depicted on a postcard at the start of this story. There were streamboats on the river between Bethel and Rumford, ME but we have yet to find details of the Gorham steamboat. Perhaps it was used during the short life of the Mascot Mine.

Every street, business and home in Gorham have stories about them and a unique history. It can be fun to unearth them!

Watch for a new column in the next edition of the *Gorham Gazette* by Reuben Rajala and Will O'Brien. It will be a surprising look at our natural surroundings and an observation of life in Gorham and the White Mountains

THE ENDANGERMENT AND EXTINCTION OF WOLVES

By Dr. Monique Kramer

The gray wolf is the only recognized species of wolf in the world and contains 39 subspecies. The gray wolf (*Canis lupus*) was once the world's most widely distributed mammal in the world but has now been reduced by almost 2/3.

Today, the gray wolf is extinct in much of Western Europe, Mexico and extirpated in much of the USA and Canada, where current populations mostly exist in wilderness and protected areas. The hatred for the wolves that existed until the 1970s resulted in unmitigated slaughter of these animals, along with many other predator species. This successful campaign of both outright murder and environmental destruction resulted in the extinction of many subspecies and species of wolves and the endangerment of most of the others. The main reason for this decline is wholesale destruction and slaughter by humans and more recently habitat loss. The decline of North American wolf populations coincided with an increase in human populations as well as the expansion of the agricultural industry. Due to predator control programs that attempted to exterminate the wolves, by 1960, the gray wolf was exterminated by federal and state governments from all of the USA except for Alaska and parts of Minnesota. This campaign was carried out by bounties, poisoning, trapping and hunting.

Wolves have been mercilessly hunted and killed by methods including traps, poisoning with strychnine and cyanide, burning dens with litters, hunting with dogs, golden eagles and falcons, aerial shooting. The reason for the intensive campaigns, both in North America and all over the world were primarily due to the fur trade, threat of livestock predation and crop destruction, perceived threat to game species, spread of disease and fear over attacks on humans. Additionally, the fear and abject hatred of wolves and other predators was widespread, due to stories, fables and mythology and resulted in unmitigated slaughter. Livestock depredation has been one of the primary reasons for hunting wolves, and can pose a severe problem for wolf conservation. Opponents have argued that at least in North America, wolves contribute little to overall livestock losses and studies back that up. Another reason for the persecution of wolves is due to perceived threat to humans, but rarely have there been attacks on humans by healthy wolves in North America, the same is not true in other parts of the world. Overall, wolves are generally not dangerous to humans, except when they are diseased, starved or habituated to people. Another reason is perceived threat to game species, such as caribou and deer. Wolf hunting opponents have argued that wolves serve vital functions in areas where they are sympatric with game herds. By culling unhealthy animals, wolves allegedly keep game herds healthy. Opponents state that without wolves, prey populations swell unnaturally, unbalancing ecosystems whilst simultaneously sapping wildlife management resources. Proponents for wolf hunting often point out the apparently adverse effects large wolf populations have on game herds. Another reason used to justify the slaughter, is to avoid the spread of infectious diseases including rabies, brucellosis, anthrax, foot and mouth disease and parasites.

In the 1970s, the tides changed as movement for species protection and environmental protection began to sweep the nation. With this growing movement came the awareness of importance of every species of animal on the planet along with the integral roles they play and their intrinsic rights to live as the sentient beings they are. In our next article we will look at the wolf reintroduction and conservation projects in North America. Loki wolf refuge plays its part by providing former pets a place to live.

Editor's Note: The previous article by Dr. Kramer entitled "The History of the Wolf" should have been titled: "Misconceptions and Mythology Surrounding Wolves". We apologize to Dr. Kramer for the mistake.



New Hampshire Vet-to-Vet

A Peer Driven Support System of Veterans Helping Veterans

New Hampshire Vet-to-Vet is a peer to peer group made up of military veterans. We have resources available for past and returning veterans who are having challenges or difficulties with obtaining help or services through the VA. We meet the First and Third Tuesdays of each month from 6:30 till 7:30 pm at the Family Resource Center in Gorham. If you have questions please call Dave @ 752-5773 or the Vet Center in Gorham at 752-2571.



Featured Member: Gilles Laramée is a Korean War veteran who served in the First Marine Division during the early 1950's. He served honorably at the Chosin Reservoir in the winter of 1950 and survived some of the harshest weather conditions of that conflict. Gilles works hard to reach out to fellow veterans from all branches of the service, but is best known for his local efforts coordinating and heading up the local Marine Corps League program of Toys for Tots. Come visit with us on a Tuesday evening and meet Gilles. He has had a lot of life-experiences and is interested in helping other veterans in any way he can.

Each One ~ Reach One ~ Teach One

The Backyard Gardener

By Will O'Brien

Question of the month: They're are so many types of hydrangeas. Which ones are the easiest to grow in our area and can we grow the blue ones here?

I don't claim to be an expert with growing hydrangeas but I can share a little information about them that may help make your decision on what kinds to purchase.

As a child, I would have the opportunity to visit my grandparents every weekend to help out at their farm in Windham Maine. Back in that time, Windham Maine was not only known for Sebago lake but also for dairy and hobby farms that covered the country side as well. Many types of hydrangeas also painted the landscape everywhere.

I always admired the huge baby blue hydrangeas that my grandmother grew outside of her back screened porch. These were called Pom Poms and the white ones that they grew in front of their house were called Snow Ball Hydrangeas. The huge blue Pom Pom Hydrangeas would grow 5 feet tall and the flowers were at least a foot wide with hundreds of blooms that boarded the length of their porch. I noticed that they didn't give their hydrangeas any special care other than a very light layer of aged manure and pruning.

There are basically five different types of hydrangeas. Annabelle Hydrangeas arborescens, Lace Cap Hydrangeas, Mop Heads Hydrangeas, Oak Leaf Hydrangeas and Pee Gee.

The Pee Gee paniculata are the easiest to grow in our area. You might have seen these old fashion tall tree types that grow throughout the state to the Canadian boarder. They start off as a creamy white that later in the season turn more of a mauve color. While thriving in poor soil, the Pee Gees are extremely easy to care for! They need only a light pruning in the fall to keep them well rounded along with removing any dead branches at the end of the season. They require direct sunlight and the flowers are easily dried for bouquets.

The Oak leaf types are the second easiest to grow. They're gorgeous large cone shaped blooms have a more lacey delicate look to them than the other hydrangea types. Hence the name, they have leaf shapes that resembles somewhat like an oak leaf. These are the tall woodland shaded types that grow well in rich soil.

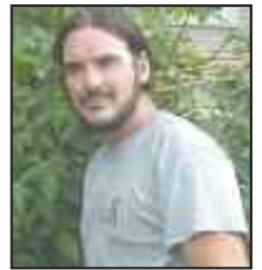
Annabelle Hydrangeas arborescens, can also grow in zones 2 and 3! These grow more like a low hedge and produce huge showy snow white blooms. The Annabelle Hydrangeas are so prolific that they can make any novice gardener look like a professional. These are the types you can basically mow down every year!

The Lace Cap Hydrangeas, macrophylla normalis have a very wild woodland look to them. The blooms resembling the native Highland Cranberry bush that grows wild in our area. These short hydrangeas do well in shade, however, they do not have the showy flowers like the other types of hydrangeas. These come in an array of many colors.

The Mop Head Hydrangeas, Hydrangea macrophylla normalis blooms in a wide range of color depending on the soil composition. They are blue if your soil is acid and pink if it's more alkaline. If your flowers are pink and you would like blue ones, just add aluminium sulfate to the soil. These are the hardest to grow in our area with the exception for Endless Summer. When I lived in Milan with the short growing season, I did grow Endless Summer but they would only grow about one foot tall and didn't bloom. When I moved to Gorham I put that same plant in the ground and it bloomed throughout the summer.

I grow all five of these types in Gorham and I find the Enless Summer as my all time favorite. Nikko blue is a beautiful flower as well that I enjoy growing, but the Endless Summer Hydrangea holds true to it's name.

For additional information please call Will O'Brien at 603/723-7672.



Will O'Brien

GORHAM HOUSE FLORIST

Spring is Just About Here. YEAH!!

It means sun, flowers, cleansing rains, vivid shades of green, not having to wear three layers of clothing just to get to your car, and on those really warm days the pungent scent of soggy leaves and doggy poop in the air. Ain't life grand?

Well, that's a wide variety of choices to be sure, but, just to be safe, I'll stick with the flowers.

Spring flowers seem so delicate but yet they survive the harsh winters under ground, then poke through the newly thawed soil to put on a wondrous, colorful showcase that we get to see without the price of admission!

But with this beautiful display, what specific meanings do these flowers convey? I diligently researched this very question, and although some sources were a little conflicting, what follows is my summery of our favorites:

Easter Lily - Purity, virtue, innocence and hope.

Iris - Floral emblem of France, exception, friendship, faith, hope, valor.

Tulip - Perfect love, Floral emblem of Holland.

Lily of the Valley - Sweetness, return to happiness, humility.

Daisy - Innocence, loyal love.

Daffodil - Regard, you're the only one.

Forget-me-not - True love, memories.

Forsythia - Anticipation

Hyacinth - Games and Sports.

Jonquil - Love me, affection returned, desire, sympathy.

Crocus - Cheerfulness

So there you have it, a garden of sights, sounds and meanings.

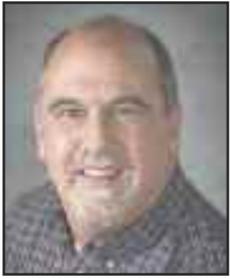
On that note I would like to leave you with this:

(zinnia-yellow) - Have a day of remembrance (parsley) of thanks, gratitude (sweet basil) and good wishes.

Terri Colarusso, Gorham House Florist, 10 Exchange St., Gorham; 466-5588



Terri Colarusso



Wayne Micucci

HOME, SWEET HOME

Hello and thank you for picking up the Gorham Gazette! My name is Wayne Micucci and I am an Associate Broker and Realtor® at RE/MAX Northern Edge Realty. Over the next several issues I will be writing about Real Estate matters and offering tips and insights on the subject of Real Estate. In previous issues we talked about pre-qualifying for financing and the house hunt.

So you've found the house you want... Now what?

When you have found a house you like and it fits your

needs, the next step is to make an offer. You will want to sit down and talk with your Agent to discuss these points: price and terms. Your Agent should put your offer in writing on a "Purchase and Sales Agreement." The New Hampshire Association of Realtors®, through Agent dues, provides forms for Realtor® use. The form is well thought out and covers all of the common points but leaves a section for "Additional Provisions." The offer is really just that, an offer to the Seller. Your offer will include, of course the price you want to pay but also a number of other items, or contingencies, that are necessary to cover. For example, you will include the time frame in which you want to close the sale. It will state whether you intend to seek financing, and what type of financing and the length of term you seek. (This is where it is beneficial to you to have that "pre-qualification" or better yet, "pre-approval.")

When a Seller looks at your offer, he or she will be more likely to take your offer serious if you have evidence that you can close the deal.) Offers must be accompanied by an "Earnest Money Deposit." This deposit is intended to show "good faith" to the seller and acts as security that the Buyer will fulfill his or her obligations in the contract. Unless otherwise agreed upon, this deposit would be refundable if there is no agreement or the contingencies cannot be met, however the deposit can be forfeited if the Buyer fails to fulfill their obligations. The amount of this deposit must be agreed upon by the Buyer and Seller. Your offer will also state whether or not you intend to have a home inspection. Certain mortgages require a home inspection. The Agreement also has an area for "Additional Provisions." This is an area where you might add a contingency such as asking the Seller to add or do something that you may want included with the sale. For example, you may ask the Seller to include the firewood in the shed, or to help with closing costs. Of course, the Seller may not agree but the section is there for those items not covered in the form and may be negotiated.

Once the Agreement has been drawn up, presented to the Seller, negotiated and agreed upon, everyone initials, signs and (Hopefully), smiles! You have a contract! Should any issues come up that require changes to the Purchase and Sales Agreement, there is an "Addendum" to the contract that would cover these issues. Next time we will talk more about the buying process including the home inspection, the bank appraisal, the closing, and a few more things that sellers need to know.

If you have any questions about the buying or selling of Real Estate, please feel free to call or email me. There is no obligation and I will be happy to help. A special shout out to Frank and Barbara! Thanks for calling! I can help with any listing regardless of whom the Listing Agent is or what sign is out front. I can be reached at RE/MAX Northern Edge Realty, 232 Glen Avenue in Berlin. My cell number is 603-723-7015 and my email address is wmicucci@gmail.com. Thanks for reading...

Words of Wellness

"Back Pain Issues and Posture"

A back injury can haunt a person for life. When your back hurts it affects every aspect of your wellbeing. Here are a few tips to keep your whole body healthy and strong.

Increase flexibility: Increase your flexibility in the back muscles as well as the muscles in the hamstrings, hip flexors and quadriceps area. These muscles are linked and work together so when they are tight, your chances of pulling something or have back pain is much greater. When one part of the body is tight, let's say your lower left back muscles, the cause may be from tight hip flexors or the quadriceps muscle on the front of the body on the same side. I call it the tug of war game.

Many people are of the opinion that they are not flexible and they never will be. The object is not to turn into a gymnast, but to get the muscles used to working through a full range of motion.

Create good abdominal strength. When the abdominal muscles are weak, the lumbar curve of your lower back becomes exaggerated and puts you at risk for injury. This postural deviation is called Lordosis. Visually you can see a c-curve in the lower back or a tilt forward. The stronger those abs are, the more support they can offer the muscles of the low back.

Improve your posture. Slouching can take a toll on your whole body. It can take your back out of its natural alignment. Your body is like a car. Good posture is like having proper alignment and balance, allowing muscles, joints, ligaments, tendons, nerves, and internal organs to function efficiently. Poor posture is like having bad tire alignment on your car; it doesn't drive smoothly. Poor posture like your car, is faulty alignment of various parts, increasing stress and strain on supporting structures, such as your knees or lower back. This compromises balance and movement, leading to degenerative changes and pain on body parts.

Correct posture not only improves physical appearance but it also helps to lift the chest allowing the lungs to work more efficiently, improving circulation. It also increases energy, coordination, balance, and strength. Ultimately, it improves the efficiency of everyday activities.

Increase Muscular Strength-Strong muscles help prevent injury. At the Royalty Athletic Club we strongly encourage members to include Strength Training in their workout program. Strong muscles help improve posture, decrease stress on the joints, and increase energy. Use strength training to work the whole body and to balance it from top to bottom. Another perk to strong muscles is a faster working metabolism. It's never too late. Prevention is the Key!!!

For more information on health and nutrition drop by or call Lise King. Royalty Athletic Club. 466-5422. *By Lise King, AFAA Certified Personal Trainer*



I'm Glad You Asked



Spring is here! This is a time when most of us begin cleaning, organizing and making mental lists of all the things we'd like to accomplish before the weather gets really nice.

This holds true for our personal appearance as well. I start by cleaning out my closet and switching

from winter to spring and summer clothes. This is when I take a good look at my overall sense of style; it helps me decide what changes I'd like to make. So what's my point? **I'm glad you asked...**

While I'm going through this sometimes painful exercise, I begin looking at my Makeup as well as my Hair Care Products and wonder, is it time for a change? Some years I make little to no changes other than cleaning things out. But, like I did a few years back, making a small change was a really good thing. You see, I finally succeeded in growing my hair shoulder length after years of wearing it pretty short. I had attempted this many times before, but as I'm sure most of you know, it's not as easy as it sounds. Most people responded by telling me I looked younger and who doesn't want that. The most amazing thing to me is how much easier it is to care for my hair. You see I have curly hair and because it's layered not only does this encourage my curl but it also hides any gray. This means I can go a long time between colors, spend very little time styling my hair, don't shampoo every day and because of all this my hair is so much healthier. It also saves me time and money, what more could I ask. I just wish I listened to my husband sooner, who over the years has said time and time again, "Can you please just leave your hair alone"!

So ladies, it's time for a Hair Intervention for our poor overworked Dos. Between blow-drying, teasing, flat ironing, highlighting and lowlighting, you will indeed start to notice some wear and tear on your tresses. I'm not saying you can't do any of the above, but what I am saying is everything in moderation and be sure to give your hair some TLC. If possible, it's best to stay within two shades of your natural color, whether darker or lighter. This will lessen the upkeep so in turn, is much better for your hair while saving you money and time. Also, there are 5 steps you can do weekly to rehab damaged hair:

1. Use a clarifying Shampoo once a week which will remove product buildup and improve your hair's ability to hydrate. Then...
2. Deep Condition for 10 to 15 minutes. To go the extra mile, consider an apple cider vinegar rinse to close the cuticle and enhance shine.
3. Moisturize – this step adds a layer of leave-on protection. Use either a leave-in conditioner or moisturizing product.
4. Seal with an oil which locks in moisture for a longer period. Use a sealant on slightly dampened hair. If you have naturally oily hair, skip this step.
5. Style protectively – cut down on heat styling and always use a styling product prior to using any hot tools.



Susan Griffin



Nurse of the Year Award

Is there a nurse who impacted your life in 2012?

If yes, now is your chance to personally thank and recognize him or her for the care that you received by nominating him or her for the first annual AVH Nurse of the Year Award. Care must have been received within the past 12 months. Two awards will be given: one to an AVH-employed nurse and one to a community-based nurse (primary care clinic, nursing home, school, college educator, etc.). Winners will be featured in a print advertising campaign and press release, as well as on the AVH website, Facebook page and Twitter. Winners will also be immortalized with their name and year of award on a brick placed in the AVH Auxiliary "Impressions of Care" Walkway. Nominations must be received by 5:00PM, Monday, April 15, 2013. Winners will be announced on or around May 6, 2013, National Nurses Day.

Please complete this form and then, on an attached piece of paper, describe in 300 words or less your experience and how your nurse demonstrated compassion, knowledge, patient advocacy, and strong clinical and communication skills.

Your Name: _____

Address: _____

City/State/Zip: _____

Phone Number: _____

Name of Nurse: _____

Hospital or Facility: _____

Phone Number of Nurse, Hospital or Facility: _____

Time Frame of the Care You Received: _____

Please mail to: James Patry
Director, Public Relations and Marketing
Androscoggin Valley Hospital
59 Page Hill Road
Berlin, NH 03570

For questions, please call Mr. Patry at 603-326-5606.



GORHAM PUBLIC LIBRARY

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gorhampubliclibrary@ne.rr.com
Monday – Friday: 10am – 6pm Saturdays: 10am - Noon

Upcoming Special Events At the Gorham Public Library

All of the following events are offered free to the public, provided by a generous grant of the New Hampshire Humanities Council, and jointly sponsored by the Gorham Senior & Adult Program and the Gorham Public Library. Please call 466-2525 for more information. Join us!

Wed., April 24 Banjos, Bones and Ballads Jeff Warner, 7PM

Traditional songs present the latest news from the distant past. They help us to interpret present-day life with an understanding of the working people who built our country. Tavern songs, banjo tunes, 18th c. New England hymns, sailor songs, and humorous stories about traditional singers and their songs highlight this informative program by Jeff Warner.



Wed., May 8 Baked Beans and Fried Clams: How Food Defines a Region Edie Clark 7PM

Baked Beans, fried clams, fish chowder, Indian pudding – so many foods are distinctive to New England. What makes them special and how do these foods define our region? Edie Clark draws from such diverse resources as Fannie Farmer, Julia Child, and Hadyn S. Pearson for enlightenment and amusement as well as on her own experiences, writing and traveling for Yankee Magazine over the past thirty years to places where baked beans are still featured prominently on the menu.

Wed., June 19 Darby Field and the “First” Ascent of Mt. Washington Allen Koop 7PM

For more than 200 years historians believed that Darby Field made the first climb up Mt. Washington in 1642. However, in the last several decades, questions have emerged about his use of Native American guides, about the likelihood of prior ascents by Native Americans, about the route Field may have followed on the mountain, and about whether Field actually made the ascent as claimed. Allen, who returns to Gorham after last year's much-acclaimed program on the P.O.W. camp in Stark, examines how historians reconstruct the “truth” when given scant, vague, and even contradictory evidence.

Gorham Public Library Staff Picks

The following are some thoughts on books by your local library staff – enjoy!

The Alienist by Caleb Carr (New Hampshire Downloadable, Kindle; also in regular print at the Library) The setting is New York City of 1896, and a serial killer is on the loose, mutilating and killing young prostitutes. Police Commissioner Theodore Roosevelt calls upon his longtime friends to investigate. At a time when the practice of psychology was only in its early stages, psychologist (“Alienist”) Dr. Lazlo Kreizler and crime reporter John Moore start the chase to capture the killer. Written in a more formal style that reflects the time period, this lengthy historical thriller is an excellent read.

The Red Moth by Sam Eastland (Kindle). Eye of the Red Tsar, Archive 17, and Shadow Pass introduce us to the very complex and intriguing character of Inspector Pekkala, confidant of Tsar Nicholas and a survivor of the brutal gulags. Now the year is 1941, and the German army is advancing towards Leningrad. As a mysterious painting lands in Stalin's hands, he orders Pekkala to investigate its origin and unearth its secrets. This historical thriller is the long anticipated fourth novel in the Inspector Pekkala series and it has been worth the wait!

Kinsey and Me by Sue Grafton. Fans of Grafton's alphabet detective series featuring the endearing character, Kinsey Milhone will love this collection of shortstories that are intertwined with the author's many reflections of her own life and her journey towards the creation of this feisty character we know as Kinsey.

Alex Cross, Run by James Patterson. It's another month and that means it's another James Patterson book. In his latest Alex Cross thriller, Patterson has our hero on the chase of not one, not two, but three serial killers, and all the while dealing with some serious family issues and a stalker who is out to get revenge. That Alex Cross is quite the busy guy, and we wonder how he keeps it all together, but in typical, if not quite believable style, Cross yet again captures the bad guys, deals with the stalker, and comes home to wife and family. Patterson has created a page turner that will, once again, entertain his die-hard fans.

Code to Zero by Ken Follett. Fans of Ken Follett may want to revisit some of his older novels such as this one. Set in the early days of space exploration, and the race for its dominance by the United States and the Soviet Union, this Cold War thriller has plenty of spies and double-agents and friends who find themselves in acts of betrayal, all the while believing that their actions are for the greater good. This novel is worth reading and enjoying again!

The Coos County Botanical Garden Club

By Will O'Brien

The Gourmet Dinner Meeting at the Philbrook Farm Inn located in Shelburne, NH. Friday, February 22, was outstanding according to myself and the garden club members. I would like to take this opportunity to thank all of those who participated including the volunteers from the Garden Club and a special thanks to Ann & Larry Leger owners of the lovely Philbrook Farm Inn. The garden club members had the opportunity to enjoy the wonderful atmosphere of the historic Philbrook Farm Inn. We sat around the fireplaces chit chatting while enjoying many goodies such as warm cider and kettle corn. The gourmet meal was absolutely outstanding and the presentations of the evening were very informative.



Will O'Brien

The first speaker of the evening was garden club member Launa Keanan of Gorham. Launa spoke to us about Garden Inspiration. Launa had such a powerful presentation that not only inspired all of us but it showed us the importance of conservation gardening and working together toward our goals as well.

The second speaker was expert tomato grower Steve Tassy from Shelburne N.H. Steve has been growing tomatoes and other vegetables at his high tunnels in Shelburne for years. He had shared some of his secrets and techniques on growing superb vegetables and along with environmental conditions that are need to be a successful grower. Steve's great looking tomatoes can be purchased this summer at his farm stand in Shelburne or at the Berlin Farmers Market.

The third speaker was garden club members Kathy and John Trumbell with Exploring Heirlooms. Kathy and John have been members for years of Seed Savers Exchange. Founded in 1975, Seed Savers Exchange is a registered non-profit and arguably the reason why heirlooms are so popular today. You will find seeds for herbs, vegetables, fruits and flowers. A special thanks to John and Kathy for sharing their information and rare heirloom seeds with us.

The fourth speaker was Gary Coulombe and Laura Jamison of the Berlin Farmers Market with their fascinating presentation on Bee Keeping. They've been raising bees for 4 years now. They also brought in their wooden boxes where the bees live called Top Bar Hive. They spoke to us about Colonial Collapse Disorder and how to raise and care for Honey Bees. Their mission is to not only to produce honey but to work towards bringing back the bee population in New Hampshire.

These are just one of the many enjoyable and informative events that the Coos County Botanical Garden Club offers.

Schedule of events

Early Spring Auction: Monday, April 8th, 6:00-7:00 at the Gorham Public Library. Please feel free to bring in anything that you would like to auction off to support our club. The proceeds from this event supports the purchase of plants for the gardens in the Berlin and Gorham area. This is a fun filled event with our very own auctioneer Jan Ely.

Soil Quality with Steve Turaj from UNH Cooperative Extension: Monday, May 6th, 5:00-7:00 at the Gorham Public Library. Steve is a field, food & agriculture specialist at UNH Cooperative Extension. He will teach us about soil quality for our gardens and answer any gardening questions that you might have.

*If you are interested in meeting new people and learning more about gardening and conservation, then join your local garden club today. We are in the process of organizing a group called Friends of Wildlife. If you are interested in volunteering in our wildlife garden habitats this summer or building bird, bee, duck or bat houses for our habitats then please call Club President Will O'Brien at 752-1005.

Our Motto “Growing relationships and knowledge with people and plants.”
For additional information please call Will O'Brien at 603/723-7672.



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WE WELCOME SPRING
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GORHAM GAZETTE

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Animal Stories

PUBLIC HEARING APRIL 2, 2013, ON WILDLIFE AND GUIDE RULES

The New Hampshire Fish and Game Department will hold a public hearing on proposed rules regarding wildlife and hunting and fishing guides on Tuesday, April 2, 2013, at 6:30 p.m. at the New Hampshire Fish and Game Department, 11 Hazen Drive, Concord, N.H.

The proposed changes to the Fish and Game wildlife rules would affect information reported by moose hunters, certain trapping requirements, deer pre-damage and depredation permits, baiting permit issuance on the Connecticut Lakes Headwaters Forest, and youth pheasant hunting events at sporting clubs.

Additional proposed rules being considered at the same hearing would affect licensed New Hampshire hunting guides and persons wanting to become a licensed guide.

FOR MORE DETAILS: The complete rulemaking notices, with original and proposed rule language, can be viewed at http://www.wildnh.com/Legislative/Notices_summary.htm. Written comments must be received by April 9, 2013. Send to: comments@wildlife.nh.gov (use subject line "Comments on Wildlife/Guide Rules"); or write to Executive Director, N.H. Fish and Game Department, 11 Hazen Drive, Concord, NH 03301; or fax to 603-271-1438.

TURKEY HUNTING WORKSHOP APRIL 13 IN HOLDERNESS

A free workshop covering the basics of hunting wild turkeys is being offered by the New Hampshire Fish and Game Department on Saturday, April 13, 2013, from 9:00 a.m. to noon at Owl Brook Hunter Education Center at 387 Perch Pond Road in Holderness, N.H. Pre-registration is required. Space is limited. To sign up for the workshop, or for more information, call 603-536-3954.

"Whether you're a beginner turkey hunter or a veteran looking for some new techniques, this course is for you!" said Tom Flynn, manager of Fish and Game's Owl Brook Hunter Education Center.

At the workshop, Dave Priebe, a Hunter Education instructor and Quaker Boy Turkey Calls pro staff member, will cover the basics of turkey hunting, turkey calling, turkey hunting safety and patterning your shotgun. Fish and Game Wildlife Division Chief Mark Ellingwood will talk about the natural history and behavior of wild turkeys.

New Hampshire's spring gobbler season runs from May 3 through May 31. The state's youth turkey hunting weekend will take place April 27-28, 2013. Hunting licenses and turkey permits can be purchased online at <http://www.huntnh.com>.

To find out about course offerings at Fish and Game's Owl Brook Hunter Education Center, get directions to the center, or explore volunteer opportunities at Owl Brook, visit http://www.huntnh.com/Hunting/hunter_ed_center.htm.

Activities at Owl Brook Hunter Education Center are supported by federal Wildlife Restoration funds, a user-pay, user-benefit program funded through a tax on the purchase of sporting firearms, fishing equipment and motorboat fuels.

WALTER'S WORLD

"Walter is on Spring Break, but will return, with his friend BOBO the Bear in our next edition.

Join Walter, Bobo, Bonnie "Biker Dog", Dakota, Clover, Oscar, Raffa, Ginger, Brody, Gidean, Pierre and all of their other buddies in the neighborhood as they begin their Spring adventures. In the meantime, get those mowers, garden tools, lawn furniture, BBQ's and golf clubs ready and spruced up.

Until then, Walter sends a Happy Easter and Passover to all of his loyal followers". Hello, Glorious Spring!!



RUFFED GROUSE, NEW ENGLAND COTTONTAIL FEATURED IN NH WILDLIFE JOURNAL

Head into the briar patch in search of the elusive endangered New England cottontail in the March/April 2013 issue of NH Wildlife Journal magazine. Biologist Heidi Holman gives readers a "bunny's eye view" of regional efforts to restore this rare rabbit to our landscape.

Also in this issue, get to know the ruffed grouse, a bird with a passionate following. Find out how the changing nature of New Hampshire's forested landscape affects future prospects for both grouse and New England cottontails.

Then get ready to smile – plus learn a little something – as you peruse the "Beginners Guide to Hiring a Guide." Illustrated by cartoonist Will Staats, this article provides a tip sheet on hiring a professional guide, which can be a great way to reduce the stress of figuring out all the details when you're trying something new in the great outdoors.

Not a subscriber to New Hampshire Wildlife Journal? The magazine is published 6 times a year by the New Hampshire Fish and Game Department. Subscriptions are just \$12 for one year -- that's 40% off the cover price -- or \$20 for two years.

If you'd like to subscribe online, visit <http://www.wildnh.com/Shop/shop.htm> and click on the link for our partner, Kittery Trading Post.

New Hampshire Wildlife Journal magazine contains no commercial advertising. Subscription revenue helps the New Hampshire Fish and Game Department conserve and manage the state's fish and wildlife, promote conservation education and create opportunities for outdoor recreation in the Granite State. Visit <http://www.wildnh.com>.

FREE OUTDOOR ADVENTURE TALKS AT N.H. FISH AND GAME

Get inspired for outdoor adventures this year at a series of Wednesday evening talks taking place from March 20 through May 8, 2013, at the New Hampshire Fish and Game Department, 11 Hazen Drive, Concord, N.H. No pre-registration is required. The talks start at 7 p.m. Admission is free. The series includes a range of topics on New Hampshire wildlife and outdoor recreation. In honor of the Nongame and Endangered Wildlife Program's 25th anniversary observance this year, several of the talks explore efforts to restore endangered and threatened wildlife:

March 27: BEGINNER'S GUIDE TO TURKEY HUNTING Discover the time-honored tradition of spring turkey hunting the New Hampshire in this talk by New Hampshire Hunting Guide and experienced turkey hunter John Asseng. This talk will focus on the beginner turkey hunter, covering hunting gear, turkey ID, and basic calls needed for you to take your first bird. A must for first-time turkey hunters! New Hampshire's spring gobbler season runs from May 3-31, with the youth turkey hunting weekend set for April 27-28.

April 3: RESTORING NEW HAMPSHIRE'S BROOK TROUT HABITAT Eastern brook trout are one of New Hampshire's most prized native fish, but they are threatened by disappearing habitat, rising temperatures, changing water quality and disconnection from spawning habitat. In this talk by Fisheries Habitat Biologist John Magee, you'll learn about the work Fish and Game biologists, volunteers and concerned anglers are doing to improve habitat for New Hampshire's most beloved fish, work that will benefit all anglers and anyone that cares about clean water.

April 10: SELECTING A KAYAK OR CANOE Learn how to choose the right canoe or kayak for your next adventure. With the many choices in paddlecraft available today, suited for every kind of use, it's not always easy to know what kind of kayak or canoe is right for you. This talk will assist in narrowing the selection down to what will be best for your usage, expectations and budget.

April 17 – KAYAK CAMPING Learn how to properly pack a kayak, and what food and gear to bring along. Hear about exciting kayaking destinations close to home. This talk will cover coastal, inland and river kayak camping. Presenter Chuck Joy is the New England representative for several kayak brands, including Astral Buoyancy, Liquidlogic, Native Watercraft and Hurricane Kayaks. He grew up boating on the waters of Boston Harbor and discovered whitewater in his mid-twenties. In his free time, you'll find Chuck on the water or in the woods of New Hampshire.

April 24 - BLACK RACERS AND BLANDINGS TURTLES If turtles and snakes fascinate you, join N.H. Fish and Game Nongame biologists Mike Marchand, Brendan Clifford and Loren Valliere to learn about the amazing diversity of reptiles and amphibians in New Hampshire. This is the time of year when many reptiles and amphibians are emerging from their winter slumber and traveling to breeding grounds or simply basking in the sun. Hear about current research being done on Blanding's turtles and black racer snakes, try out equipment biologists use in the field, and learn what you can do to help biologists monitor these amazing creatures!

May 1 - ROAD TO RECOVERY: NEW ENGLAND COTTONTAILS/KARNER BLUE BUTTERFLIES Join N.H. Fish and Game Nongame biologists Heidi Holman and Brett Ferry to learn about what it takes to ensure rare species remain a part of New Hampshire's wildlife diversity. This talk is a great chance to hear firsthand from biologists involved in current efforts to restore populations of Karner blue butterflies and New England cottontails and their habitats.

May 8 – MOSQUITO EATERS: BATS AND DRAGONFLIES Did you know that New Hampshire has eight different species of bats? Learn which species are most at risk of disappearing forever from our skies because of White Nose Syndrome and what you can do to help. Also at this talk, learn about a statewide effort to document New Hampshire's diverse dragonflies. N.H. Fish and Game Nongame biologist Emily Preston Brunkhurst and NH Audubon biologist Pam Hunt team up to present a fascinating look at the bats and dazzling dragonflies many of us have right in our own backyards.

BIG GAME PROCESSING WORKSHOP APRIL 6, 2013, IN HOLDERNESS

Learn how to process your own big game animal from field to freezer at a free workshop being offered at the New Hampshire Fish and Game Department's Owl Brook Hunter Education Center in Holderness, N.H., on Saturday, April 6, 2013. The workshop will take place from 9:00 a.m. – 1:00 p.m. Please note that this session does not include lunch. Space is limited and pre-registration is required. To sign up, call the Owl Brook Hunter Education Center at 603-536-3954.

At the workshop, Rick Warbin, owner of Baker River Deer Farm in Wentworth, N.H., will give participants a basic overview of the steps involved in processing your own big game animal. The session will cover topics such as basic field dressing, tips to avoid meat spoilage, skinning and capeing, equipment needs, determining cuts of meat, boning the meat, and packaging tips. Warbin has many years of experience in the butchering business, so bring all your questions.

For more information on Fish and Game's Owl Brook Hunter Education Center, visit http://www.HuntNH.com/Hunting/hunter_ed_center.htm.

Activities at Owl Brook Hunter Education Center are supported by federal Wildlife Restoration funds, a user-pay, user-benefit program funded through an excise tax on the purchase of sporting firearms, fishing equipment and motorboat fuels.



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